

Lectio Divina: Sacred Reading

Thinking About the Word....

Listen carefully as the scripture passage is read aloud. In the space below, write a sentence that summarizes what this passage means to you. Begin with a statement such as, "I think this passage means...." or "I think God is telling us....".

Experiencing the Word....

In the space below, note the sights, smells, tastes, touches, sounds or feelings that the second reading of the passage evokes in you. These do not have to be complete sentences. You may also draw symbols or pictures if you wish.

Meditating on the Word.....

In the space below, write the word or phrase that leaps out at you in this passage as it is read a third time. Sit quietly for several minutes and repeat the word or phrase in your mind. Try to wipe away extraneous thoughts and focus on your word or phrase.

Acting on the Word....

Listen attentively to the fourth reading of the passage. In the space below, write in one sentence where you believe God is calling you, your church, or your community to act in the world based on this passage. Use an "I" statement such as "I think that God...." or "I hear God.....".

A Circle of Prayer....

As you listen to the responses from each of these movements of the sacred reading, jot down notes of what the person on your right says in each response time. At the end of the four movements, we will form a circle of prayer as we each lift up the person on our right in prayer, either silent or spoken. You may signal the conclusion of your prayer by saying, "Amen." The circle will move to the left so that each person first prays for someone and then is prayed for.